






## THE SUNNY PENINSULA IN THE MEDITERRANEAN SEA

 self-guided tour

 Hike

 00-00 km

 Easy

Duration: 8 days / 7 nights

14 years and older



## DESCRIPTION

This sunny peninsula in the Mediterranean Sea is characterised by little picturesque fisher villages, small towns on the Karst hills, vineyards and valleys. Let yourself be surprised by the charms of a landscape rich in contrasts and the various colours of Istria. Starting point of this hiking tour is Trieste, the former Habsburger seaport seated at the foothills of the Karst. During the Roman Empire, Trieste became a busy and rich port. After a few kilometres, you leave Italy and hike to Slovenia and Istria. The hiking tour through Istria runs slightly hilly. We suggest this tour as a follow-up tour of our hiking tour "Alpe Adria Trail" - from Cividale to Trieste.

## DETAILED ROUTES

### 📍 Day 1: Trieste

Individual arrival at the first hotel in Trieste.

### 📍 Day 2: Trieste – Val Rosandra – Pesek

(ascent approx. 300 m, descent approx. 175 m / approx. 3.5–4.5 hours)

Today's hiking trip takes you out of Trieste. By using public transport you arrive at the starting point of the tour. You hike comfortably on the old railway line through the mixed forests of the Val Rosandra to the hamlet of Pesek. The valley is interesting in many ways: besides traces of prehistoric settlements, you will find the only river in the province that carries water all year round. In addition, it is characterised by a diverse flora.

### 📍 Day 3: Pesek – Aquilinia – Muggia

(ascent approx. 125 m, descent approx. 550 m / approx. 4–5 hours)

On the first section the path leads you again through the beautiful Val Rosandra. On the way you pass caves and hike along the border to Slovenia. You will pass the village of Bagnoli della Rosandra, from where you can also admire the Roman aqueduct. Through small villages you walk further and further towards the sea to Aquilinia. By public transport you get to Muggia.

### 📍 Day 4: Muggia – Ankaran – Koper

(ascent approx. 275 m, descent approx. 250 m / approx. 3–4 hours)

You leave the fishing village of Muggia with its lovely maintained old town and head over to Ankaran. Soon you will leave Italy and cross the border to Slovenia. The shady pine forests offer a view over the numerous bays and the Mediterranean Sea. In the afternoon a transfer takes you to Koper. Capodistria, as the village is also called, awaits you. Let the day end in the car-free old town with all its magnificent buildings.

### 📍 Day 5: Koper – Piran

(ascent approx. 250 m, descent approx. 250 m / approx. 5–6 hours)

Hiking along the sea you will leave Koper, you pass the ancient fisher town Izola and walk to Piran, where you will spend your night. Piran, birth place of the Italian violinist and composer Giuseppe Tartini, is influenced heavily from Venetian impact. Stroll through the alleys with its Venetian palaces or enjoy the atmosphere on Piazza Tartini in the centre of Piran.

### 📍 Day 6: Piran – Grožnjan – Motovun

(ascent approx. 425 m, descent approx. 450 m / approx. 6–7 hours)

Transfer from Piran to Grožnjan. Named the first time in 1102 it is today a meeting point for musicians from all over the world and the starting point of your tour. Here during the summer classical concerts of young musicians take place. The Jazz is Back festival, which takes place in the second half of July, is dedicated to jazz. From Grožnjan you hike to Livade. The village of Motovun can be seen from far away, high up on a hill.

### 📍 Day 7: Motovun – Vizinada – Porec

(ascent approx. 275 m, descent approx. 275 m / approx. 3–4 hours)

This last hiking day in Istria leads you to Porec. From the distance you will see the Euphrasian Basilica, which has been taken up by UNESCO as a World Cultural Heritage Site and is certainly worth a visit. A tasting glass of wine on one of the places in the historic centre of Porec will remind you of the highlights of your hiking week.

## Day 8: Porec

Individual departure from Porec or possibility to extend your stay.

## GENERAL INFORMATION

- **Classification:** self-guided tour
- **Duration:** 8 days / 7 nights
- **Distance:** ca. 00-00 km
- **Starting point:** Trieste
- **Arrival:**

**By car:** Over the Tauern motorway to Villach and over the border Arnoldstein to Udine and further on to Trieste.

**By train:** Over Salzburg and Villach to Trieste (Trieste centrale). Timetables on: [www.deutschebahn.de](http://www.deutschebahn.de), [www.oebb.at](http://www.oebb.at), [www.trenitalia.com](http://www.trenitalia.com).

**By plane:** Low Cost flights to the airport Ronchi dei Legionari or Pula. Good connections by bus (airport-shuttle) from the airport Ronchi dei Legionari to Trieste.

- **Accommodation:**

B&B`s and hotels of a 3\*\*\* and 4\*\*\*\* category.

**Attention:** Tourist tax – if requested – has to be paid on the spot!

- **Parking:**

Different public car parks or garages.

- **Transfer:**

Every Saturday transfer with the shuttle bus from Porec to Trieste at a price of € 45.00 per person (to be reserved and paid upon booking).

**Alternative:** Good bus connections from Porec to Trieste.

### INCLUDED SERVICES

- Accommodation in B&B`s and hotels of a 3\*\*\* and 4\*\*\*\* category
- Breakfast buffet or full breakfast
- Personal tour information
- Luggage transfer from hotel to hotel
- Transfers according to the programm
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Navigation app; GPS data

### NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Travel insurance
- All not expressly mentioned under the item „Included services“

## STARTING DATES

Available - arrival possible
  Not Available
  Available for groups from 6 persons and on request

### April

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
					3	4
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

### May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
			5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

### July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
					3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
					3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### November

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
					3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## PRICES

### Standard

Package price in a double room	from 02/04/2022 to 05/11/2022	729 €
High season surcharge	from 02/07/2022 to 10/09/2022	789 €
Single room surcharge		169 €

### Additional services

no bike		0 €
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### Additional nights

See ebsite